



THE 2023
Change As A Spiritual
Practice:
The Transformation of
our Principles
TOUR

Bring this sermon to
your Unitarian
Universalist faith
community!

Our living tradition is blooming. We live out our values within our “living tradition” which calls us to question our past, open ourselves to new understanding, and evolve. The purpose of the UUA, our sources, and our principles are in a phase of transformation. We will explore the proposed revisions and consider our roles in this process as individuals and as a congregation. Together we reflect on our “living tradition” from the theological lens of change as a spiritual practice.

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BRIEF BIO: Ebony is a Lay Community Minister whose ministries focus on workplace justice, reproductive dignity, and leadership development. She is a member of The Unitarian Universalist Society for Community Ministries (UUSCM) and the 2022 Winner of the Charles Billings Prize for Excellence in Preaching awarded by Meadville Lombard Theological School.

A life-long Unitarian Universalist from Maryland, she holds a B.A. in Sociology from Sweet Briar College, a M.S. in Strategic Human Resources and Organization Development from Johns Hopkins University, and a Master of Arts in Leadership Studies (MALS) from Meadville Lombard Theological School. She completed her seminary internship at All Souls Church Unitarian in Washington, D.C. where she focused on adult spiritual development, social justice, and worship arts. She is a trained facilitator of both the curriculum by the Spiritual Alliance of Communities for Reproductive Dignity and Adult Our Whole Lives (OWL) sexuality education.

She has a professional background as a clinical sociologist practicing in human resources, training, facilitation, and career consulting. Ebony is a college Instructor, having taught courses in Business, General Education, and Sociology at three schools.

In her spare time, she enjoys writing poetry and stories. Her poems have been published in the 2021 inSpirit anthology and in BLUU Notes: An Anthology of Love, Justice, and Liberation by Skinner House Books.

DETAILS: 22 minutes. Includes aligned Religious Exploration Themes & Resources, Music Suggestions, and optional facilitated post-sermon discussion